

COMMUNITY RESOURCES

Clothing /Household Items

Clothes for Kids	(425)670-7285
Everett Gospel Mission	(425)252-4776
Hopelinks	(425)485-6521

Counseling

Catholic Community Services (Sliding fee, \$5 and up)	(425)257-2111
The Center (Specializes in Eating Disorders)	(888)771-5166
Compass Health (sliding scale, med coupons accepted)	(425)349-7300
Divorce Lifeline (sliding scale)	(800)509-0515
Fairfax Hospital (free mental health evaluations)	(425)821-2000
Family Reconciliation Services	(425)339-4805
Lake Stevens Family Center	(425)397-7433
Lifeline Support Groups (hosted at Eastside Foursquare Church in Bothell)-(AA, Divorce Care, Divorce Care 4 Kid, Sexual Abuse, Addictions, etc.)	(425)488-2500
National Counsel on Problem Gambling	(800)522-4700
Navy Service Members & Family Counseling	(866)854-0638

Crisis Services

Alcohol & Drug Helpline	(800)562-1240
Child Protective Services	(425)339-3900
Family Reconciliation Services	(425)339-4805
Care County Crisis Line	(425)258-HELP
Runaway (Youth Crisis) Hotline	(800)448-4663

Domestic Violence

Eastside Domestic Violence	(425)746-1940
National Domestic Violence Hotline	(800)799-SAFE
Snohomish County Center for Battered Women	(425)25-ABUSE
WA State Domestic Violence Hotline	(800)562-6025

DRUG/ALCOHOL ASSESSMENT &TREATMENT (&U.A.'s)

Crisis/Detox Beds

Lakeside-Milam Recovery Ctr	Short-Term Emergency Detox	Bothell	(800)231-4303
Skagit Recovery Center	" " "	Mt. Vernon	(360)428-7835

Inpatient

Sundown M Ranch	Inpatient Treatment/Family Comp	Yakima	(800)326-7444
Lakeside-Milam Recovery Ctr	Inpatient Treatment/Family Services	Seattle	(800)544-1211
Ryther Child Center	Inpatient/Mental Health Family	Seattle	(206)525-5050
Visions Female Only	Inpatient/Mental Health/Secure/	Bellingham	(360)647-4266

Outpatient (Referrals, U.A.'s)

Therapeutic Health Services	Assessment & Outpatient Services	Everett	(425)347-5121
			(425)263-3006
Catholic Community Services	Assessment & Outpatient Services	Everett	(425)258-5270
Outpatient (Referrals, U.A.'s)			
Lakeside-Milam Recovery Ctr	" " "	Everett	(425)267-9573
Sea-Mar Counseling	" "(Hispanic spec.)	Evt/Monroe	(425)609-5505

Drug and Alcohol Self-Help Resources

Adult Children of Alcoholics	www. adultchildren.org
Alanon/Alateen (Snohomish County)	(425)348-7828
Alcoholics Anonymous	(425)252-2525
Drug & Alcohol 24 hr Helpline	(800)562-1240
Tulalip Tribes Family Services	(360)651-4400

Emergency Assistance

Police, Fire, Medical	911
Lake Stevens Police Department	(425)334-9537

Emergency Shelter

American Red Cross	(425)252-4103
Cocoon House (Youth)	(800)259-6042
Salvation Army (vouchers for hotels)	(425)259-8129

Employment/Training

Center for Career Alternatives	(425)252-6400
Job Corps	(425)339-1737
Job Training Partnership Act	(425)921-3473

Food Banks

Lake Stevens Food Bank	(425)334-3430
Granite Falls Food Bank	(360)691-6209
Marysville Food Bank	(360)658-1054
Snohomish Food Bank	(360)568-7993

Low Cost Housing

Habitat for Humanity	(425)258-6289
Housing Authority	(425)290-8499
Pathways for Women	(425)774-9843

Medical/Dental

Community Health Center (low income med/dent services)	(425)775-2589
DSHS Medical Coupon Info	(800)562-3022
Planned Parenthood	(800)769-0045
Snohomish County Health District	(425)339-5200
UW Dental School (med coupons)	child (206)543-3525
	Adult (206)685-9014
WA Basic Health Plan (low cost)	(800)826-2444

Parenting Classes/Support

Deaconess Impact Program	(425)259-0146
Lake Stevens Family Center	(425)397-7433

Parenting Classes/Support

Parent Resource Line (info on parenting classes)	(425)259-2973
Juvenile Court (Ary/chins petitions)	1(866)280-6714

Sexual Assault

Providence Sexual Assault Center (Everett)

(425)252-4800

COMMUNITY CONTACTS

Dawson Place	Full spectrum advocacy/counseling services For Abuse/Assault Victims	Everett	(425)252-4800
Providence Hospice	Grief Counseling and other services	Everett	(425)261-4800
Project SAFE	Free Parent support phone counseling	Everett	(425)317-9898
Lk. Stevens Family Ctr	Family & Youth Resources for various needs	Lk. Stevens	(425)397-7433
CHANGES	Parent Support Network	Sno. County	1(888)468-2620

WEBSITES

www.drugabuse.gov National Institute on Drug Abuse; research, youth -focused info, parent info, regarding all drugs of abuse, except alcohol

www.learn.genetics.utah.edu/units/addiction/ U of Utah School of Genetic Science; best addiction study_site around.

www.samhsa.gov National Treatment Directory, research, information

www.whitehousedrugpolicy.gov Office of National Drug Control Policy (ONDCP); every possible link to info

www.checkyourself.org/Myth vs.Fact, Youth-Focused Interactive website